



# DUNDRY C of E PRIMARY SCHOOL AUTUMN/WINTER MENU WEEK 1

**04/01/2021, 25/01/2021**

**SCHOOL DINNERS = 1 MAIN MEAL + 1 DESSERT (£2.60)**

**DINNERS MUST BE BOOKED BY THURSDAY NOON FOR THE FOLLOWING WEEK VIA PARENT PAY**



|   | MONDAY   | TUESDAY                                   | WEDNESDAY                               | THURSDAY                                    | FRIDAY   |
|---|--|---|---|---|--|
| <b>MAIN COURSES</b><br>(CHOICE OF 1 ONLY) | CHICKEN KORMA & RICE (GF)                      | CHEESE & TOMATO PIZZA (GF & DF AVAILABLE) | ROAST TURKEY, POTATOES & GRAVY (GF)     | MINCED BEEF & ONION PIE WITH MASH (GF) (DF) | BATTERED FISH & CHIPS WITH TOMATO SAUCE (GF AVAILABLE) |
|   | TOMATO AND BASIL PASTA BAKE (V) (GF AVAILABLE) | RAINBOW VEGETABLE STIR FRY (V) (GF)       | CHEESE AND BROCCOLI PASTA (V) (D/M)     | CHEESE & ONION PINWHEEL (V) (G) (E)         | VEGGIE BURGER & CHIPS WITH TOMATO SAUCE (V) (G)        |
|   | JACKET POTATOES BEANS OR CHEESE OR TUNA        | JACKET POTATOES BEANS OR CHEESE OR TUNA   | JACKET POTATOES BEANS OR CHEESE OR TUNA | JACKET POTATOES BEANS OR CHEESE OR TUNA     | JACKET POTATOES BEANS OR CHEESE OR TUNA                |
| <b>AVAILABLE DAILY</b>                    | SELECTION OF VEGETABLES                        | SELECTION OF VEGETABLES                   | SELECTION OF VEGETABLES                 | SELECTION OF VEGETABLES                     | SELECTION OF VEGETABLES                                |
| <b>DESSERTS</b><br>(CHOICE OF 1 ONLY)     | STRAWBERRY MOUSSE (D/M)                        | APPLE CRUMBLE & CUSTARD (G) (E)           | SULTANA SPONGE WITH LEMON SAUCE (G) (E) | STRAWBERRY JELLY WITH PEACH SLICES          | VANILLA ICED SHORTBREAD (G) (E)                        |
|   | FRESH FRUIT                                    | FRESH FRUIT                               | FRESH FRUIT                             | FRESH FRUIT                                 | FRESH FRUIT  |
|   | YOGURT   | YOGURT                                    | YOGURT                                  | YOGURT                                      | YOGURT   |

**(V) SUITABLE FOR VEGETARIAN; (G) CONTAINS GLUTEN; (GF) SUITABLE FOR GLUTEN FREE; (M/D) CONTAINS MILK/DAIRY; (DF) DAIRY FREE; (E) CONTAINS EGG**

ALL DISHES ARE NUT FREE; CHICKEN KORMA CONTAINS COCONUT MILK

## DUNDRY C of E PRIMARY SCHOOL AUTUMN/WINTER MENU WEEK 2

**11/01/2021, 01/02/2021**

**SCHOOL DINNERS = 1 MAIN MEAL + 1 DESSERT (£2.60)**

**DINNERS MUST BE BOOKED BY THURSDAY NOON FOR THE FOLLOWING WEEK VIA PARENT PAY**



|   | MONDAY                                  | TUESDAY                                 | WEDNESDAY                               | THURSDAY                                   | FRIDAY   |
|---|---|---|---|--|--|
| <b>MAIN COURSES</b><br>(CHOICE OF 1 ONLY) | BBQ CHICKEN KORMA & RICE (GF)           | HAM & PINEAPPLE PIZZA (G) (M/D)         | ROAST PORK, POTATOES & GRAVY            | COTTAGE PIE                                | FISH FINGERSH & CHIPS WITH (G) (M/D)           |
|   | MAC & CHEESE (V) (G) (M/D)              | QUORN KORMA & RICE (V) (GF)             | VEGETABLE CURRY & RICE (V)              | VEGGIE SAUSAGES, POTATOES & GRAVY (V) (GF) | CHEESE & TOMATO PUFFS WITH CHIPS (V) (G) (M/D) |
|   | JACKET POTATOES BEANS OR CHEESE OR TUNA | JACKET POTATOES BEANS OR CHEESE OR TUNA | JACKET POTATOES BEANS OR CHEESE OR TUNA | JACKET POTATOES BEANS OR CHEESE OR TUNA    | JACKET POTATOES BEANS OR CHEESE OR TUNA        |
| <b>AVAILABLE DAILY</b>                    | SELECTION OF VEGETABLES                 | SELECTION OF VEGETABLES                 | SELECTION OF VEGETABLES                 | SELECTION OF VEGETABLES                    | SELECTION OF VEGETABLES                        |
| <b>DESSERTS</b><br>(CHOICE OF 1 ONLY)     | FLAPJACK                                | PEACH CRUMBLE & CUSTARD (G) (M/D)       | JAM SPONGE & CUSTARD (G) (M/D)          | ORANGE JELLY WITH MANDARINS                | CARROT CAKE (G) (M/D)                          |
|   | FRESH FRUIT                             | FRESH FRUIT                             | FRESH FRUIT                             | FRESH FRUIT                                | FRESH FRUIT                                    |
|   | YOGURT                                  | YOGURT                                  | YOGURT                                  | YOGURT                                     | YOGURT   |

(V) SUITABLE FOR VEGETARIAN; (G) CONTAINS GLUTEN; (GF) SUITABLE FOR GLUTEN FREE; (M/D) CONTAINS MILK/DAIRY; (DF) DAIRY FREE; (E) CONTAINS EGG ALL DISHES ARE NUT FREE; CHICKEN KORMA CONTAINS COCONUT MILK



## DUNDRY C of E PRIMARY SCHOOL AUTUMN/WINTER MENU WEEK 3



**18/01/2021, 08/02/2021**

**SCHOOL DINNERS = 1 MAIN MEAL + 1 DESSERT (£2.60)**

**DINNERS MUST BE BOOKED BY THURSDAY NOON FOR THE FOLLOWING WEEK VIA PARENT PAY**

|   | <b>MONDAY</b>                           | <b>TUESDAY</b>                          | <b>WEDNESDAY</b>                        | <b>THURSDAY</b>                         | <b>FRIDAY</b>                           |
|---|---|---|---|---|---|
| <b>MAIN COURSES</b><br>(CHOICE OF 1 ONLY) | SPAGHETTI BOLOGNESE (G)                 | PEPPERONI PIZZA (G) (M/D)               | ROAST CHICKEN, POTATOES & GRAVY (GF)    | SAUSAGE & MASH (G)                      | BREADED COD & CHIPS (G) (M/D)           |
|   | POTATO LONGBOATS (V) (M/D)              | VEGGIE CHILI WITH RICE (V) (GF)         | VEGETABLE BOLOGNESE & PASTA (V) (G)     | CAULIFLOWER CHEESE (V) (M/D)            | VEGGIE BITES WITH CHIPS (V) (G)         |
|   | JACKET POTATOES BEANS OR CHEESE OR TUNA | JACKET POTATOES BEANS OR CHEESE OR TUNA | JACKET POTATOES BEANS OR CHEESE OR TUNA | JACKET POTATOES BEANS OR CHEESE OR TUNA | JACKET POTATOES BEANS OR CHEESE OR TUNA |
| <b>AVAILABLE DAILY</b>                    | SELECTION OF VEGETABLES                 | SELECTION OF VEGETABLES                 | SELECTION OF VEGETABLES                 | SELECTION OF VEGETABLES                 | SELECTION OF VEGETABLES                 |
| <b>DESSERTS</b><br>(CHOICE OF 1 ONLY)     | RICE PUDDING WITH JAM (M/D)             | FRUIT CRUMBLE & CUSTARD (G) (M/D)       | BANANA CAKE (G) (M/D)                   | STRAWBERRY JELLY                        | COOKIE (G) (M/D)                        |
|   | FRESH FRUIT                             | FRESH FRUIT                             | FRESH FRUIT                             | FRESH FRUIT                             | FRESH FRUIT                             |
|   | YOGURT                                  | YOGURT                                  | YOGURT                                  | YOGURT                                  | YOGURT                                  |

**(V) SUITABLE FOR VEGETARIAN; (G) CONTAINS GLUTEN; (GF) SUITABLE FOR GLUTEN FREE; (M/D) CONTAINS MILK/DAIRY; (DF) DAIRY FREE; (E) CONTAINS EGG/DISHES ARE NUT FREE; CHICKEN KORMA CONTAINS COCONUT MILK**