

**DUNDRY SCHOOL Topic Overview - PE**

<b>Strand / Focus</b>	<b>Term 1</b>	<b>Term 2</b>	<b>Term 3</b>	<b>Term 4</b>	<b>Term 5</b>	<b>Term 6</b>
	<b>NET &amp; WALL BALL GAMES</b>	<b>GYMNASTICS</b>	<b>DANCE</b>	<b>INVASION GAMES</b>	<b>STRIKING AND FIELDING GAMES</b>	<b>ATHLETICS</b>
<b>National Curriculum descriptions:</b>	<p>Participate in team games, developing simple tactics for attacking and defending (NC) Develop balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.</p>	<p>Statutory requirements: Develop balance, agility and co-ordination, and begin to apply these in a range of activities and on a range of equipment.</p>	<p>Statutory requirements: Perform dances using simple movement patterns.  ( NC) Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, Individually and with others.</p>	<p>Participate in team games, developing simple tactics for attacking and defending (NC) Develop balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.</p>	<p>Participate in team games, developing simple tactics for attacking and defending (NC) Develop balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.</p>	<p>Statuary requirements: Pupils should: Master basic movements including running (for speed and endurance), jumping (horizontally and vertically), throwing (for speed , distance and accuracy)</p> <p>Engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.</p>

<b>Reception /Year 1</b>  <b>YELLOW = Class teacher</b>	<b>Multi SKILLS</b> Sending, stopping and receiving.  Throwing and catching.  Throwing for accuracy and distance  Using a ball in a team game situation (Tunnel ball, Leader ball, Up and Over ball)  Agility- stopping, starting, rotating, pivoting. Moving into a space quickly and turning.	<b>GYMNASTICS</b> Exploring our bodies. Focussing on tuck, straddle and pike position. Floor, vault and apparatus	<b>Gymnastics (First FUN Cards 1-7)</b>	<b>Agility / co-ordination (FUN cards 8-12)</b>	<b>Balance (FUN cards 13-20)</b>	<b>Fitness (Skipping, aerobics, Cosmic Yoga)</b>
	<b>DANCE – ‘Peter Pan’</b> Perform basic body actions and choose appropriate movements for different dance ideas Remember and repeat short sequences whilst working alone and with a partner  Work with a partner to copy movements using shadowing and mirroring		<b>Invasion games – FOOTBALL</b> Finding and creating space.  Sending, stopping and receiving the ball.  Controlling and dribbling the ball.  Tackling and defending.  Shooting	<b>Net and Wall BENCHBALL</b>  Sending, stopping and receiving the ball.  Throwing and catching  Scoring and learning how to win a game.	<b>Athletics</b>  <b>Running</b> – sprinting, running and jumping over hurdles, long distance and relay.  <b>Throwing</b> – a range of objects of different sizes and weight for distance and accuracy. Exploring different types of throwing and techniques.  <b>Jumping</b> – standing and run up long jump. Sergeant vertical high jump and jumping over a bar on to a crash mat.	

<p>Year 2 –</p> <p><b>YELLOW</b> = Class teacher</p>			<p><b>Gymnastics</b> (First FUN cards 1-7)</p>	<p><b>Agility / co-ordination</b> (FUN cards 8-12)</p>	<p><b>Balance</b> (FUN cards 13-20)</p>	<p><b>Fitness</b> (Skipping, aerobics, Cosmic Yoga)</p>
	<p><b>Multi SKILLS</b> Sending, stopping and receiving. Throwing and catching. Throwing for accuracy and distance</p> <p>Using a ball / bean bag in a team game situation (hoop games)</p>	<p><b>GYMNASTICS</b> Exploring our bodies. Focussing on tuck, straddle and pike position. Floor, vault and apparatus</p>	<p><b>Dance – SPACE</b> Using space music children to create own sequences and movements.</p> <p>Explore the difference between major and minor music adjusting moods and expression.</p> <p>How do body movements reflect a good or bad alien?</p>	<p><b>Invasion games – FOOTBALL</b> Finding and creating space.</p> <p>Sending, stopping and receiving the ball.</p> <p>Controlling and dribbling the ball.</p> <p>Tackling and defending.</p> <p>Shooting</p>	<p><b>NET and WALL BENCHBALL</b> Sending, stopping and receiving the ball.</p> <p>Throwing and catching</p> <p>Scoring and learning how to win a game.</p>	<p><b>Athletics</b> <b>Running</b> – sprinting, running and jumping over hurdles, long distance and relay.</p> <p><b>Throwing</b> – a range of objects of different sizes and weight for distance and accuracy. Exploring different types of throwing and techniques.</p> <p><b>Jumping</b> – standing and run up long jump. Sergeant vertical high jump and jumping over a bar on to a crash mat.</p>

Year 3 / 4 <b>YELLOW</b> = Class teacher			Gymnastics (FUN cards 1-7)	Agility / co-ordination (FUN cards 8-12)	Balance (FUN cards 13-20)	Fitness (Skipping, aerobics, Go Noodle)
		<p><b>GYMNASTICS</b> Exploring our bodies. Focussing on tuck, straddle and pike position. Floor, vault and apparatus</p> <p><b>Focusing on counter balance and tension.</b></p>	<p><b>DANCE – The Seasons</b></p> <p>Ch to explore the four seasons and create their own dance sequences.</p> <p>Children to distinguish between the different types of music (major and minor) when looking at the different seasons.</p> <p>How would our movements be different in Summer compared to Winter?</p>	<p><b>HOCKEY</b> Finding and creating space.</p> <p>Sending, stopping and receiving the ball.</p> <p>Controlling and dribbling the ball.</p> <p>Tackling and defending.</p> <p>Shooting</p>	<p><b>Striking and fielding CRICKET</b></p> <p>Sending, stopping and receiving the ball.</p> <p>Throwing and catching</p> <p>Batting and bowling.</p> <p>Scoring and learning how to win a game.</p>	<p><b>Athletics</b></p> <p><b>Running</b> – sprinting, running and jumping over hurdles, long distance and relay.</p> <p><b>Throwing</b> – a range of objects of different sizes and weight for distance and accuracy. Exploring different types of throwing and techniques.</p> <p><b>Jumping</b> – standing and run up long jump. Sergeant vertical high jump and jumping over a bar on to a crash mat.</p>
		<p><b>Net and Wall</b></p> <p><b>VOLLEYBALL</b></p> <p>Learning attacking and defending</p> <p>Passing and shooting</p> <p>Working as a team</p> <p>Adopting tactics to win a game</p>				

Year 5/6			<b>Gymnastics (FUN cards 1-7)</b>	<b>Agility / co-ordination (FUN cards 8-12)</b>	<b>Balance (FUN cards 13-20)</b>	<b>Fitness (Skipping, aerobics, go noodle)</b>
<b>YELLOW = Class teacher</b>	<p><b>Net and Wall</b></p> <p><b>VOLLEYBALL</b></p> <p>Learning attacking and defending</p> <p>Passing and shooting</p> <p>Working as a team</p> <p>Adopting tactics to win a game</p>	<p><b>GYMNASTICS</b> Exploring our bodies. Focussing on tuck, straddle and pike position. Floor, vault and apparatus</p> <p>Focusing on partner work and synchronisation.</p>	<p><b>DANCE –</b></p> <p>‘Dancing around the world’</p> <p>Looking at different styles of music from different countries and cultures.</p> <p>Children to learn dances and create own movements to certain styles of music.</p>	<p><b>TAG RUGBY</b></p> <p>Finding and creating space.</p> <p>Sending, stopping and receiving the ball.</p> <p>Controlling and dribbling the ball.</p> <p>Tackling and defending.</p> <p>Shooting</p>	<p><b>Striking and fielding ROUNDERS</b></p> <p>Sending, stopping and receiving the ball.</p> <p>Throwing and catching</p> <p>Batting and bowling.</p> <p>Scoring and learning how to win a game.</p>	<p><b>Athletics</b></p> <p><b>Running</b> – sprinting, running and jumping over hurdles, long distance and relay.</p> <p><b>Throwing</b> – a range of objects of different sizes and weight for distance and accuracy. Exploring different types of throwing and techniques.</p> <p><b>Jumping</b> – standing and run up long jump. Sergeant vertical high jump and jumping over a bar on to a crash mat.</p>